



Online Safety and Digital Wellbeing for Schools





NEW for 2020/2021! Online Webinars

- All of our Cybersafety sessions are now available via **Online Webinars**.
- Our webinars have been designed to be **fun and interactive** and can be easily delivered in the classroom or at home.
- Webinars are hosted via a **secure online platform**.
- Similar to our face-to-face sessions, each session is tailored to the relevant class group and the topics covered are **age-appropriate**.
- We still offer school visits; all visits will be in accordance with government restrictions and public health guidelines.



Teacher Testimonial

"Very engaging, age appropriate and informative. The children were interacting and interested from the beginning."

OUR SESSIONS - For Kids

3rd – 6th Class Sessions

- These are **in-depth, interactive workshops** designed to protect and empower children.
- Each session is targeted to the appropriate age group and is focused on equipping children with core digital literacy skills (including **understanding how to navigate social media, messaging apps, gaming, how to protect personal data and their digital footprint, healthy balance, online reputation and cyberbullying**).
- We ask children to fill in a short, anonymous survey, which enables us to provide a **bespoke and unique, based on their specific online usage and behaviours**.
- The school receives a **full report** post-session.
- Sessions **are suitable for 3rd – 6th class pupils and limited to 35 pupils per session**.

We offer a **4 step education programme** and we recommend pupils complete all 4 steps.

3RD CLASS - Engage

An introductory session that prepares children for beginning their online journeys safely and smartly.

4TH CLASS - Educate

Educating children on key topics such as social media and gaming, and how to protect information and identity.

5TH CLASS - Explore

Exploring how social media and advertising really works and looking at how not to get caught out by scams and misinformation.

6TH CLASS - Empower

Empowering children to behave appropriately online, including looking cyberbullying and managing your digital footprint.

(Note: this session is also suitable for 1st Year students.)

OUR SESSIONS – For Parents

- Each session lasts **1 hour**.
 - All talks will include a section on **parental controls and settings** on the most popular devices and phones.
 - There are **3 different talks** – each aimed at parents with children of different ages:
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1 Healthy tech habits in the home – Parents of children aged 2-10

This session focuses on behaviour at home such as screen time, setting house rules and modelling good behaviour. We also look at our most frequently asked question - when to buy your child a device or smartphone?

2 Protecting and empowering children in the online world – Parents of children aged 8-13

This is our most popular session that gives an overview of the main risks on social media, messaging apps, and gaming. Our aim is not to scare parents, but rather to make them aware of what children are doing online and offer support.

3 Digital wellbeing and online safety for teens – Parents of children aged 12+

Whether we like it or not teenagers are online, and by this age they have less supervision from adults. Teens need to be able to identify appropriate content, avoid risks and behave respectfully online. In this session we aim to prepare adults on how to have those conversations.

OUR SESSIONS – For Teachers

Teacher Talk – 60 minutes

This is an **information session** that focuses on the most popular apps, games and social media platforms, highlighting what red flags teachers should be watching out for and how to have relevant conversations with children and parents.

Parent Testimonial

"The webinar was really helpful and interesting. I feel it prepared our child to use the internet more responsibly and to know what to do if something unexpected happens."

PRICE LIST

Session	Duration	Offline price	Webinar price
3rd - 6th class	4 x 40 mins	€390	€315
3 classes	3 x 40 mins	€325	€265
2 classes	2 x 40 mins	€250	€199
1 class	1 x 40 mins	€190	€150
Parent talk	1 x 60 mins	€275	€220
Teacher training	1 x 60 mins	€275	€220
NEW Webinar Package: 3rd - 6th plus parents	4 X 40 mins/ 1 x 60 mins		€500

Pupil Testimonial

"I loved learning to be safe and it was fun as well."



CyberSafeIreland is a registered Irish charity that aims to empower children and parents to navigate the online world in a safe and responsible manner.

We believe that equipping children with digital skills and knowledge will enable them to be safer and smarter online. We deliver talks to primary school children, their parents and teachers. We also offer training and advice sessions to the corporate sector, sports clubs, carers, children's charities and An Garda Síochána.

We deliver high quality, relevant and research-based sessions. The CyberSafeIreland team has extensive experience in cybercrime analysis and investigation, cybersecurity, child psychology and education. Each of our friendly and approachable trainers are highly trained and experienced, and have received full Garda vetting.

[cybersafeireland.org](https://www.cybersafeireland.org)

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