



**CYBERSAFE
KIDS**

Online Safety & Digital Wellbeing for Schools





School Year 2021/2022

- We are pleased to offer both **online** and **face to face** training sessions, to suit your school's needs.
- All face to face sessions will be in accordance with **government restrictions** and **public health guidelines**.
- Our webinars are **secure** and **interactive**. They are delivered via an online platform with a unique registration link and password. Only our trainer is visible on camera and children cannot see or interact directly with other attendees.
- We now have new services this year - as well as our talks, we are please to also offer our **CyberSafe Tool for Schools** and 6 module **eLearning course**.



Teacher Testimonial

"Some of the content was eye-opening for my students. Really worthwhile."

*Class Teacher,
Mary Help of Christians GNS, Dublin*

OUR SESSIONS For Kids

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3rd – 6th Class Sessions

- These are **in-depth, interactive workshops** designed to protect and empower children.
- Each session is targeted to the appropriate age group and is focused on equipping children with core digital literacy skills (including **understanding how to navigate social media, messaging apps, gaming, how to protect personal data and their digital footprint, healthy balance, online reputation and cyberbullying**).
- We ask children to fill in a short, anonymous survey, which enables us to provide a **bespoke and unique, based on their specific online usage and behaviours**.
- The school receives a **full report** post-session.
- Sessions **are suitable for 3rd – 6th class pupils and limited to 35 pupils per session**. Each session is approximately 40 minutes.

We offer a **4 step education programme** and we recommend pupils complete all 4 steps.

3RD CLASS – Engage

An introductory session that prepares children beginning their online journeys.

4TH CLASS – Educate

Exploring key topics such as social media & gaming, and how to protect personal information.

5TH CLASS – Explore

How social media and advertising really works and looking at misinformation and scams.

6TH CLASS – Empower

Empowering children by focusing on digital responsibility including cyberbullying and managing digital footprint.

(Note: this session is also suitable for 1st Year students.)

5 & 6TH CLASS – Learning to be Literate Online

This session looks at developing the increasingly important skills of Digital Media Literacy in pupils (45mins).

OUR SESSIONS For Kids

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3rd – 6th Class Sessions

3 & 4TH CLASS – Engage & Educate

This joint session combines the key learning objectives from the 3rd and 4th class sessions and is designed for smaller class sizes or to accommodate mixed age groups.

5 & 6TH CLASS – Explore & Empower

This joint session combines the key learning objectives from the 5th and 6th class sessions and is designed for smaller class sizes or to accommodate mixed age groups.

5TH/6TH CLASS – Learning to be Literate Online

This session looks at how pupils can develop the increasingly important skill of Digital Media Literacy. This fun, interactive session will look at types of information online, targeted advertising, quizzes and scams, image and digital well being, protecting personal information and using others' content, and the importance of a positive digital footprint.

(Note: this session is 45 mins and also suitable for 1st Year students.)

Teacher Testimonial

"This Digital Media Literacy session incorporated a variety of strategies to engage the students with the content. It was excellent!"

5th Class Teacher, St Thomas' SNS

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Teacher Testimonial

"I felt the content was really well presented, age appropriate, and very engaging!"

6th Class Teacher, St John's NS, Clondalkin

OUR SESSIONS For Adults

Parents & Teachers

- Each session lasts **1 hour**.
- There are **different talks** – each aimed at parents and teachers with children of different ages

1 **Protecting and Empowering Children in the Online World – Parents of children aged 8-13**

This is our most popular session that gives an overview of the main risks on social media, messaging apps, and gaming. Our aim is not to scare parents, but rather to make them aware of what children are doing online and offer support.

2 **Developing Healthy Tech Habits in the Home – Parents of children aged 2-10**

This session focuses on behaviour at home such as screen time, setting house rules and modelling good behaviour. We also look at our most frequently asked question - when to buy your child a device or smartphone?

3 **Digital Wellbeing and Online Safety for Teens – Parents of children aged 12+**

Whether we like it or not teenagers are online, and by this age they have less supervision from adults. Teens need to be able to identify appropriate content, avoid risks and behave respectfully online. In this session we aim to prepare adults on how to have those conversations.

4 **Empower Your Pupils - Teachers**

This is an hour long session focusing on the most popular apps and games, highlighting red flags teachers should be watching out for and how to have relevant conversations with their students.

5 To Game or not to Game? Everything you need to know (New)

We have come a long, long way from the days of Tank Attack, Pac Man and joysticks! This comprehensive session will take you on a tour through the often baffling world of gaming and equip parents with the knowledge to make more informed decisions, by covering the positives and negatives of this now multi-billion dollar industry.

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6 Empowering Youth Workers : What Young People are doing online and how to help

This session is targeted at anyone working with children and young people and is designed to demystify and raise awareness of what kids are doing online, the positive benefits, and the associated risks and safeguards. We provide information and guidance on popular apps and platforms, digital literacy and wellbeing, and the inherent risks of being online such as loss of privacy, cyberbullying, sexting, grooming and digital footprint.

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7 Learning to be Literate Online: Developing Digital Media Literacy

This session looks at how pupils can develop the increasingly important skill of Digital Media Literacy. This fun, interactive session will look at types of information online, targeted advertising, quizzes and scams, image and digital well being, protecting personal information and using others' content, and the importance of a positive digital footprint.

Teacher Testimonial

"Our class built upon their cyber safety knowledge so much in this 40 minute session. The content and delivery was engaging and thorough. Go raibh maith agaibh!"

4th Class Teacher,

Realt na Mara National School, Skerries

MAKING INTERNET SAFETY A PRIORITY FOR YOUR SCHOOL

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CyberSafe Tool for Schools



CyberSafe Tool for Schools

Self-evaluate your school's level of cybersafety against best practice by filling in our free online tool. Will be your school be 'CyberAware', 'CyberSmart' or 'CyberChampion'?



CyberSafe Tool for Schools
CyberAware
2022



CyberSafe Tool for Schools
CyberSmart
2022



CyberSafe Tool for Schools
CyberChampion
2022

For a small fee, we can work with your school to ensure you have the relevant policies and practices in place and you will receive an 'Award Mark' to illustrate your commitment to internet safety. Visit cybersafetoolforschools.ie for more information.

Principal Testimonial

"We found this tool easy to use and it is a very good way to evaluate our online safety practice."
Dymphna Culhane, Principal, St Joseph's P.S.

Principal Testimonial

"The tool is and empowering and efficient instrument to glean insight and identify aread of online safety. The clarity it offers in this respect is superb."

Barry O'Leary, Principal, St Kevin's NS

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Pupil Testimonial

"CyberSafeKids made me think about how to be smart and not get tricked to make sure I have fun online, if I'm gaming or doing stuff for school."

Ciara, 5th class

3 EMPOWERING 21ST CENTURY DIGITAL CITIZENSHIP COURSE



CyberSafe
eLearning

With the support of ReThink Ireland, we have created an interactive online eLearning course, covering all the major aspects of online safety and digital citizenship. The course is aimed at parents and teachers and is self-paced. There are 6 modules:

- **Empowering 21st Century Digital Citizenship (A Free Starter)** - A free, introductory overview of the online world and cybersafety for children and young people.
- **Keeping it Positive Online!** - A look on the bright side to celebrate the positive and empowering benefits of online life.
- **Cyberbullying** - Understanding cyberbullying, how to recognise the signs and the best ways to manage it.
- **Game on!!** - A balanced look at the wonderful and increasingly popular world of gaming.
- **The Risks of Online Life** - Understanding where and when harmful content or contact can arise online.
- **Becoming Digitally Literate** - Developing the skills to better understand everything we see or read in the online world.

PRICE LIST

Session	Duration	F2F price	Online price
5 classes	40mins x 5	€575	€370
4 classes	40 mins x 4	€390	€315
3 classes	40mins x 3	€325	€265
2 classes	40mins x 2	€250	€199
1 class	40mins	€190	€150
Parents/Teachers	60mins	€275	€220
NEW Webinar Package: 3rd - 6th plus parents	40mins x 4 & 60mins	N/A	€500

For bespoke sessions, queries or to find out more information, please feel free to email us on: office@cybersafekids.ie



CyberSafeKids is a registered Irish charity that aims to empower children and parents to navigate the online world in a safe and responsible manner.

We deliver high quality, relevant and research-based sessions. The CyberSafeKids team has extensive experience in cybercrime analysis and investigation, cybersecurity, child psychology and education.

Each member of our growing team of friendly and approachable trainers are highly trained, experienced and passionate about protecting children and young people to ensure they have positive experiences in the online world.

www.cybersafekids.ie

CyberSafeKids CLG

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