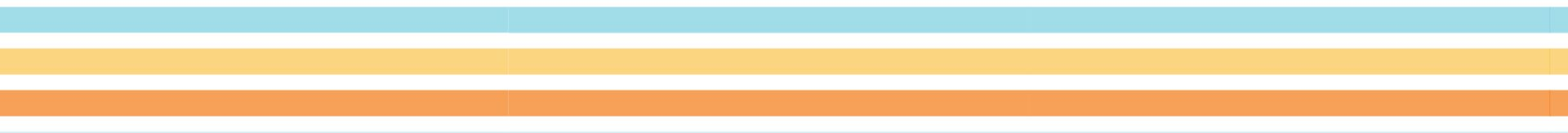




CYBERSAFE
KIDS

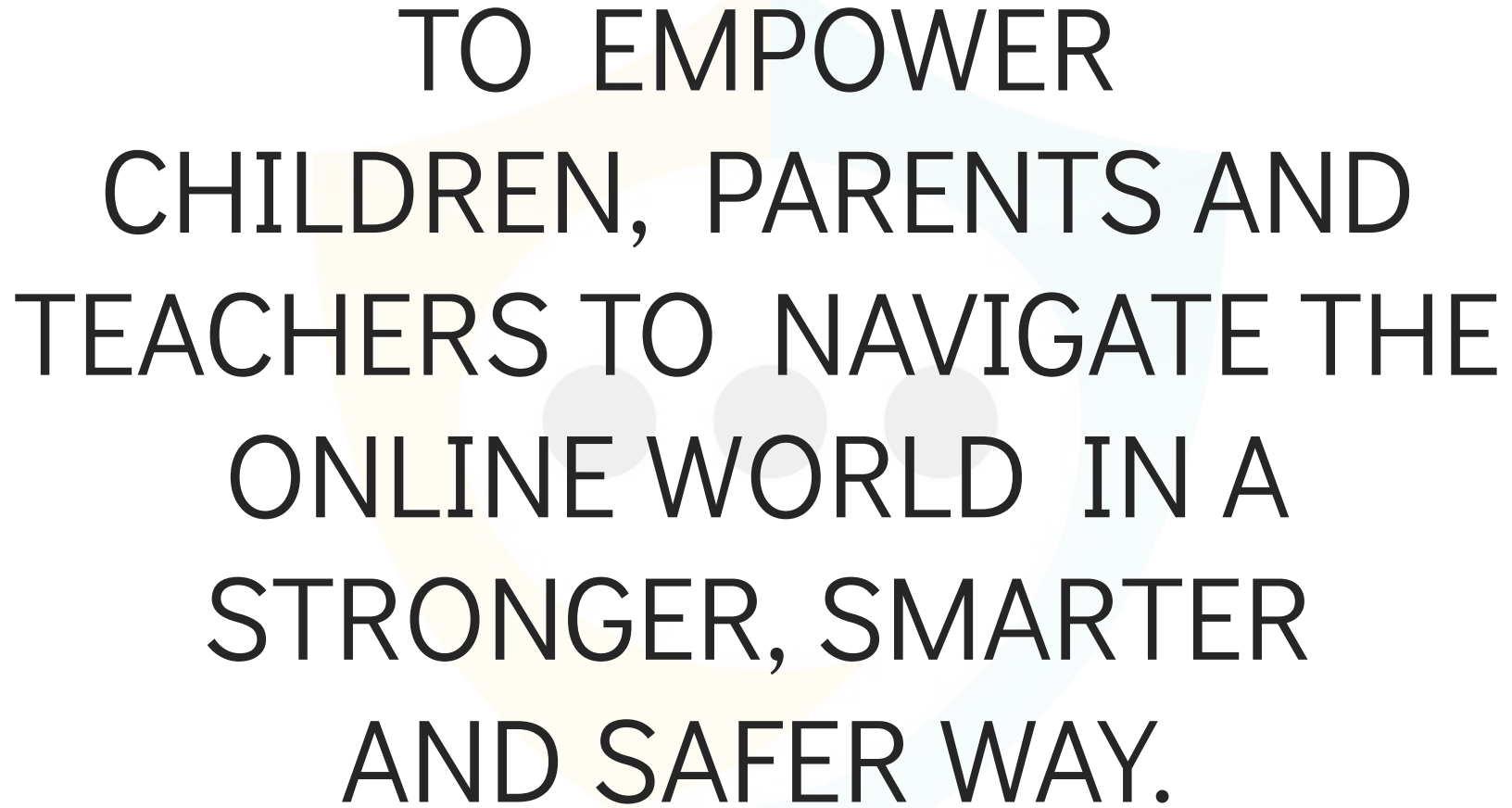
EMPOWERING SAFER CHILDREN ONLINE





**SAME
RULES
APPLY**





TO EMPOWER
CHILDREN, PARENTS AND
TEACHERS TO NAVIGATE THE
ONLINE WORLD IN A
STRONGER, SMARTER
AND SAFER WAY.

YouTube was the most popular (76%) followed by WhatsApp (39%), TikTok (37%), and Snapchat (37%)

TRENDS & USAGE REPORT

WHAT WE KNOW



93%

8-12 year olds owned their own smart device



84%

had their own social media account



33%

of children gamed with strangers online



25%

have experienced bullying online



26%

have seen or experienced **something online** in the last year **that bothered them**



Data collected anonymously from **4,300** 8-12 year olds during academic year 2022-2023

74%

of teachers told us that **online safety** was a **significant issue** in their school.





CREATION



COMMUNICATION



MOTIVATION



PARTICIPATION



COLLABORATION



EDUCATION



FUN



PRIVACY LOSS



CYBERBULLYING



GROOMING



SEXTING



PORNOGRAPHY



HOC & SCAMS



GAM(BL)ING

Orla's Story

AN AUDIO DOCUMENTARY FROM



This is Orla's Story, but it could just as easily be your child's.

Grooming & Sextortion

33% of 8-12 year olds were **gaming with strangers** online

20% have followers or 'friends' they **don't know**

Aim is not always to meet with the child



soundcloud.com/cybersafekids/orlas-story

Agree House Rules

#Stronger
Smarter
Safer



Our Family Agreement

KIDS

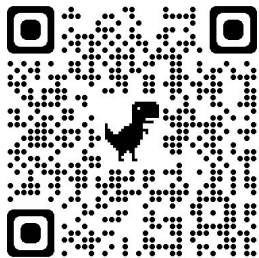
- I will protect my personal information online and I won't share my passwords (except with a parent/carer)
- I will stop and think before I share photos or videos online
- I will not accept a friend request from anyone I don't know
- I will sit down with my parent/carer and we will work out privacy settings for all my apps and games together
- I will be kind to others and talk to my parent/carer if I'm worried about anything or about what any of my friends are doing online
- I will agree that devices stay out of bedrooms at night and I will stick to agreed time limits for playing games/being online.
- I will allow my parent/carer to keep an eye on what I am doing online and I'll talk to them about anything that I see, or am asked to do, that makes me feel upset or uncomfortable

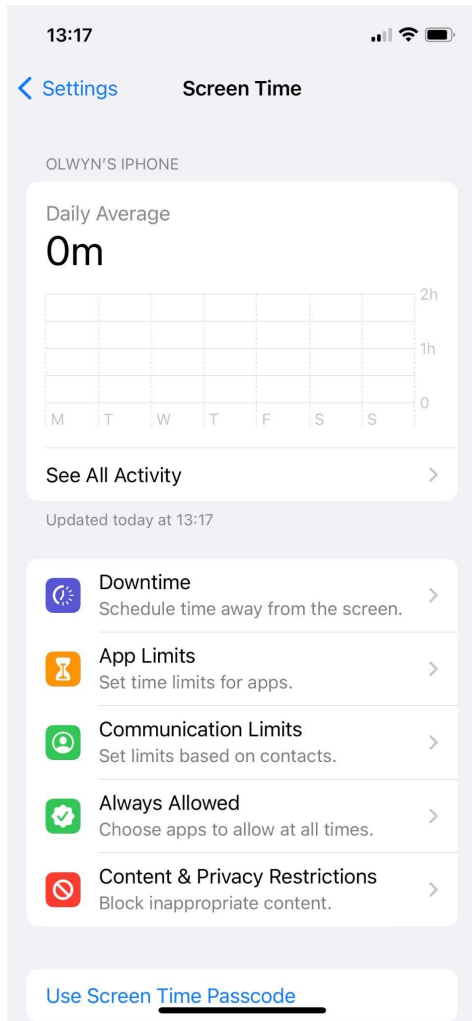


PARENTS / CARERS

- I will use parental controls (settings that restrict or monitor content/functionality) as appropriate but I will review these in the future
- I will research safety on new apps that my child wants to use. If I agree that it is okay for them to use an app, we will agree rules and figure out how to apply privacy settings. I will also apply these on my own accounts
- I will think before I share my child's photos online and will ensure that I am only sharing with real-life friends and family
- I will spend time with my child getting familiar with the apps and games that they are using
- I will stay calm, listen and try not to over-react if my child talks to me about something that has happened online and I will take advice or appropriate action if I feel that my child or another is at risk

By signing this form we agree to all of the above





Encourage healthy tech habits

- **Have children monitor** their usage
- Agree time **limits**
- **Switch off** some features (likes, read receipts, status, autoplay, recommendations)
- **Turn off/mute** notifications
- Access at **set times and places**
- Be cautious about who you **follow** and what you **engage** with

There are many fantastic organisations working worldwide to make kids safer and lots of free resources out there for parents and kids.



COMMON SENSE MEDIA



PEGI



WEBWISE

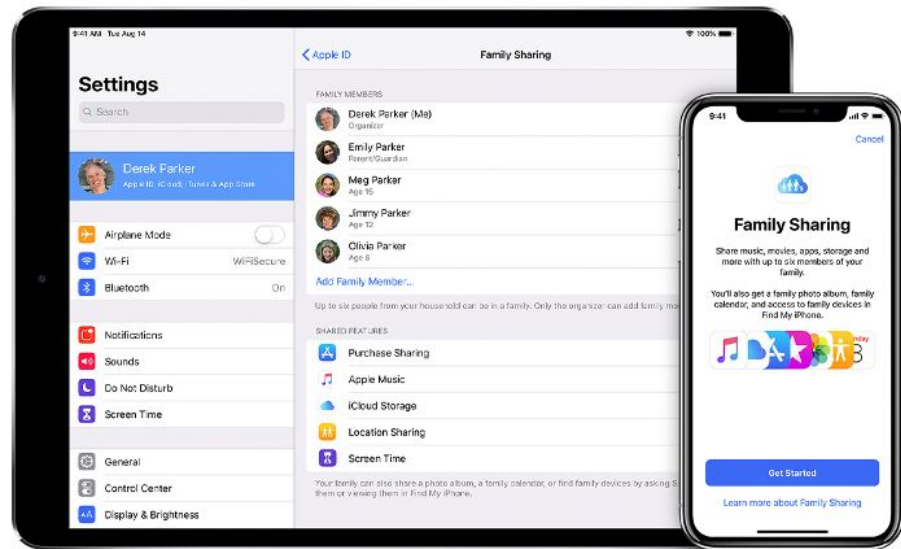
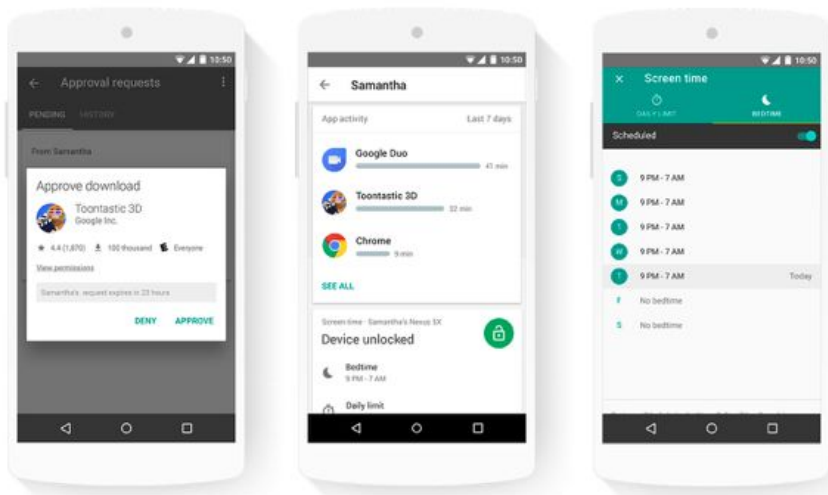


ONLINE WELLBEING GUIDE

Access reviews and advice before using



Parental Controls Android/iOS



Family Pairing

Who is using this TikTok account?



Parent



Teen



Next

PlayStation 5 console parental controls

Family Management and Parental controls on a PS5 console allow you to restrict child account access to network features, applications and devices:

Family Management controls +

Parental Controls +

[Age ratings >](#)

Preset parental controls on a PS5 console

Late Teens or Older +

Early Teens +

Child +

Parental controls games and apps

Find the Settings



← Restricted Mode

This helps hide potentially mature videos. No filter is 100% accurate.

This setting only applies to this browser.

ACTIVATE RESTRICTED MODE

Restricted Mode lock prevents others from changing the **Restricted** Mode settings on this browser.

SafeSearch Filters

Turning on SafeSearch helps hide explicit content, like pornography. SafeSearch preferences may be set by your device or network administrator. If you can't turn it off, check with the administrator of your network or device.

Turn on SafeSearch [Learn more](#)

FINAL ADVICE



Normalise discussing online activity, without judgement



Do your research, set limits and stick to them



Engage technical restrictions but don't rely on them alone



Model good behaviour, focus on positive uses and join in the fun!



Build a community and support regulation (OSMR)

Irish Examiner

DIGITAL PARENTING

Keeping your kids safe online

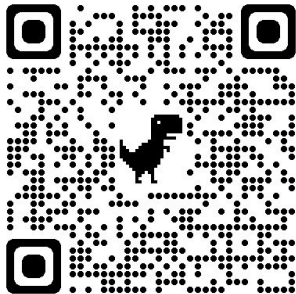
Part of the SAME RULES APPLY campaign

#samerulesapply



accenture

Comprehensive online parenting booklet - free!



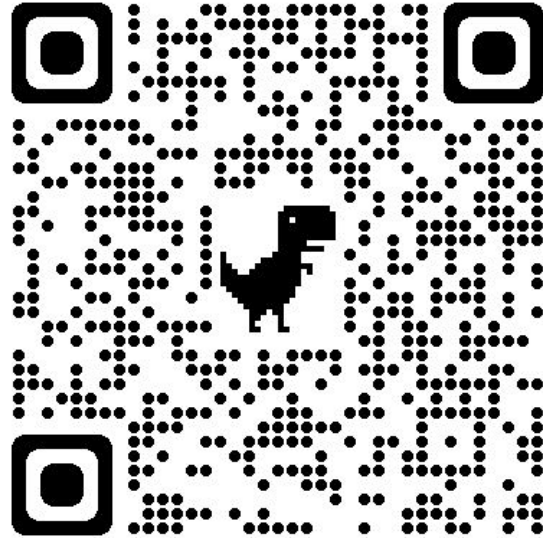
Irish Examiner

Digital Parenting

Keeping your kids safe online

Part of the SAME RULES APPLY campaign
#samerulesapply

FEEDBACK





CYBERSAFE
KIDS

#STRONGERSMARTERSAFER

THANK YOU!

VISIT

WWW.CYBERSAFEKIDS.IE

TO SIGN UP TO OUR NEWSLETTER

