



CYBERSAFE KIDS



ONLINE SAFETY AND DIGITAL WELLBEING FOR SCHOOLS



TALKS BROCHURE
2023-24

SCHOOL YEAR 2023-24



**CYBERSAFE
KIDS**

We are pleased to offer both **online** and **face to face** training sessions to suit your school's individual needs.

All face to face sessions will be in accordance with any **government restrictions** and public health guidelines.

Our **webinars** are secure and **interactive**. They are delivered via an online platform with a unique registration link and password. Only our trainer is visible on camera and children cannot see or interact directly with other attendees.



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Teacher Testimonial

Some of the content was eye-opening for my students. Really worthwhile.

*Class Teacher, Mary Help of
Christians GNS, Dublin*

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OUR SESSIONS FOR KIDS



3RD-6TH CLASS SESSIONS (40 mins)

- **In-depth, interactive workshops** designed to protect and empower children.
- Each session is targeted at an age group and focuses on equipping children with core digital literacy skills including **navigating social media, messaging apps, gaming, how to protect personal data and their digital footprint, healthy balance, online reputation and cyberbullying.**
- Children fill in a short, anonymous survey that enables us to understand **their specific online usage and behaviours.**
- The school receives a **full report** post-session.
- Sessions **are suitable for 3rd – 6th class pupils and limited to 35 pupils per session.** Each session is approximately 40 minutes.

3RD CLASS – Engage

An introductory session preparing children beginning their online journeys.

4TH CLASS – Educate

Exploring key topics such as social media & gaming, and how to protect personal information.

5TH CLASS – Explore

Looking at how social media and advertising really works, misinformation and scams.

6TH CLASS – Empower

Empowering children by focusing on digital responsibility, including cyberbullying and managing digital footprint.

“This Digital Media Literacy session incorporated a variety of strategies to engage the students with the content.

It was excellent!”

5th Class Teacher, St Thomas' SNS

OUR SESSIONS FOR KIDS



COMBINED CLASS SESSIONS (Primary, 40 mins)

3RD & 4TH CLASS – Engage & Educate

This joint session combines the key learning objectives from the 3rd and 4th class sessions for smaller/mixed-age classes.

5TH & 6TH CLASS – Explore & Empower

This joint session combines the key learning objectives from the 5th and 6th class sessions for smaller/mixed-age classes.

5TH & 6TH CLASS – Learning to be Literate Online

This session looks at how pupils can develop the increasingly important skill of Digital Media Literacy. This interactive session explores types of information online, targeted advertising, scams, digital well being, personal information and the importance of a positive digital footprint.

SECONDARY SCHOOL SESSIONS (35-40 mins)

1ST YR – CONTINUING YOUR ONLINE JOURNEY focusing on cyberbullying and developing critical thinking skills online.

2ND YR – YOUR PRIVACY & DIGITAL FOOTPRINT focusing on protecting privacy online, oversharing, sexting and maintaining a positive footprint.

3RD YR – DIGITAL MEDIA LITERACY focusing on types of online information, targeted advertising, image and wellbeing, and appropriate communication and creation of online content.

4TH YR – DIGITAL HEALTH & REPUTATION focusing on the unique pressures of online life, and why maintaining a positive digital footprint is so important as the world of work or higher education approaches.

OUR SESSIONS

FOR ADULTS

PARENTS, TEACHERS, GUARDIANS & YOUTH WORKERS

- Each session lasts 1 hour.
- We offer a range of **different talks**. Each are aimed at parents and teachers with children of different ages

1

EMPOWERING SAFER CHILDREN ONLINE

Our most popular session **aimed at those with or working with children from 8-13 years old**. It raises awareness of the main factors to consider around social media, gaming and the online world. Our aim is not to scare, but rather to make participants aware of what children are doing online and offer practical advice and resources to help.

2

MORE THAN A GAME?

A gaming-focused session **aimed at those with or working with children from 8-13 years old**. This comprehensive session goes on a tour through the often baffling world of gaming and provides the knowledge to make more informed decisions, by covering the positives and negatives of a now multi-billion dollar industry.

3

HELPING YOUR TEENS THRIVE ONLINE

Aimed at those with or working with children from 13 years old and up, this session aims to raise awareness of what young people are doing online, and the associated risks and safeguards. We provide information and guidance on platforms teenagers are using, digital literacy and wellbeing, and the inherent risks of being online.

4

DEVELOPING DIGITAL MEDIA LITERACY

This interactive workshop for teens, parents and carers looks at how we can develop the increasingly important skill of Digital Media Literacy. This session explores types of information, targeted advertising, scams, digital well being, protecting personal information and the importance of keeping a positive digital footprint.

OUR SESSION

FOR TEACHERS

5

DEVELOPING DIGITAL CITIZENS (Prim/Sec)

This session is targeted at either primary or secondary school teachers. It is designed to demystify and raise awareness of what kids are doing online, the positive benefits, and the associated risks and safeguards.

We provide information and guidance on popular apps and platforms, digital literacy and wellbeing, and the inherent risks of being online such as loss of privacy, cyberbullying, sexting, grooming and digital footprint.



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Teacher Testimonial

Very informative and balanced approach to online safety with lots of information on available supports.

6th Class Teacher

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OUR PRICE LIST

Session	Duration	In-Person	Webinar
4 Classes	40 mins x 4	€410	€315
3 Classes	40 mins x 3	€340	€265
2 Classes	40 mins x 2	€265	€199
1 Class	40 mins	€200	€150
Adults	60 mins	€295	€220

"I felt the content was really well presented, age appropriate, and very engaging!"

*6th Class Teacher,
St John' s NS, Clondalkin*

"Our class built upon their knowledge so much in this session. The content and delivery was engaging and thorough. Go raibh maith agaibh!"

*4th Class Teacher, Realt na Mara
National School, Skerries*



**CYBERSAFE
KIDS**

MAKING ONLINE SAFETY A PRIORITY FOR YOUR SCHOOL



CyberSafe
Tool for Schools

The first solution of its kind in Ireland

Self-evaluate your school's level of cyber safety against standards of best practice by completing a **free online survey** to get a clear snapshot of where your school stands on its online safety journey. Will your school be 'CyberAware', 'CyberSmart' or 'CyberChampion'?

For a small fee, we can work with your school to ensure you have the relevant policies and practices in place and you will receive a **digital award badge** and **detailed report of recommendations** to illustrate and develop your commitment to internet safety.

Visit cybersafetoolforschools.ie for more information.

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Principal Testimonial

We found this tool easy to use and it is a very good way to evaluate our online safety practice.

*Dymphna Culhane,
Principal, St Joseph's P.S.*

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Principal Testimonial

The tool is an empowering and efficient instrument to glean insight and identify areas of online safety. The clarity it offers in this respect is superb.

Barry O'Leary, Principal, St Kevin's NS

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Pupil Testimonial

CyberSafeKids made me think about how to be smart and not get tricked to make sure I have fun online, if I'm gaming or doing stuff for school.

Ciara, 5th class

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**CYBERSAFE
KIDS**



CYBERSAFE KIDS

CyberSafeKids is Ireland's online safety charity. We aim to empower children parents and educators to navigate the online world in a safe and responsible manner.

We deliver high quality, relevant and research-based sessions. The CyberSafeKids team has extensive experience in cybercrime analysis and investigation, cybersecurity, child psychology and education.

Each member of our growing team of friendly and approachable trainers are highly trained, experienced and passionate about protecting children and young people to ensure they have positive experiences in the online world.

www.cybersafekids.ie

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