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Chatting with Friends



Chatting with friends online can be fun and a great way to connect with people. Only connect with friends that you know in real life.



If you are adding new friends on social media, think: do I know them very well? Do I trust them?



People can pretend to be somebody that they are not with fake profiles, so don't follow strangers online or let strangers follow you.



Make sure you have your privacy settings are on and never share personal information like where you live, or tell people on social media that you are home alone.





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Lots of celebrities have social media accounts but they are not friends in real life so you should not try to contact them.



There are some rules when you are talking to people that you work with. Never contact your manager late at night or send inappropriate messages.



Never take photos or videos of people at work without asking permission first. Don't make videos when you are at work: you might be sharing information in the video that you should not.



If you are not sure, always ask someone to help you.