



SOLAS
learning works



Adult
Literacy
for Life

Useful Resources

Mencap – provide additional educational materials on online safety for adults with disabilities [mencap.co.uk](https://www.mencap.co.uk)

Irish Internet Hotline – to report scams and report intimate abuse [hotline.ie](https://www.hotline.ie)

Coimisiún Na Meán – Ireland's online safety regulator
[cnam.ie](https://www.cnam.ie)

Spunout – Ireland's youth information and support platform (*16- 25 years) [spunout.ie](https://www.spunout.ie)

Data Protection Commissioner – for information and advice on data protection and protecting privacy [dpc.ie](https://www.dpc.ie)

Be Media Smart – promotes media literacy to stop the spread of misinformation and disinformation online [bemediasmart.ie](https://www.bemediasmart.ie)